

LUNCH PACKAGE

Save the hassle of packing lunch with our awesome lunch package, provided by the Escape Restaurant at the NAC. This package is available on a **weekly basis** for our full day campers. Each day, campers will receive a **daily entrée, fruit, side, dessert and beverage** with the lunch package. This package does not include a morning and afternoon snack, so be sure to send these with your camper every day.



DAILY MENU	
MONDAY	<p>Chicken Strips <i>Antibiotic and Hormone-free</i> Sides: Sweet Potato Fries and Mixed Fruit Salad</p>
TUESDAY	<p>Organic Mac & Cheese <i>Low Fat Cheese, Whole Wheat Pasta</i> Sides: Carrots & Cucumbers with Hummus and Mixed Fruit Salad</p>
WEDNESDAY	<p>Turkey & Cheese or Ham & Cheese <i>Nitrate-free, Whole Wheat Bread</i> Sides: Pretzels & Clementine</p>
THURSDAY	<p>SPECIALS Weeks 1, 5, & 9: Chicken Patty <i>Antibiotic and Hormone-free</i> Weeks 2, 6, & 10: Tacos <i>Ground Turkey, Fresh Salsa</i> Weeks 3, 7, & 11: Burgers <i>Antibiotic and Hormone-free, Whole Wheat Bun</i> Weeks 4, 8, & 12: Veggie Quesadilla <i>Whole Wheat Wrap</i> Sides: Corn on the Cob & Applesauce (No Added Sugar)</p>
FRIDAY	<p>Pizza <i>Whole Wheat Dough, Low Fat Cheese and Tomato Sauce with No Added Sugar</i> Sides: Steamed Vegetables & Mixed Fruit Salad</p>
ALTERNATE & VEGETARIAN OPTIONS	<p>Sunflower Butter & Real Fruit Spread <i>Whole Wheat Bread, Fruit Spread with No Sugar Added</i> Turkey Hot Dog <i>Whole Wheat Bun</i> Hummus & Veggie Sandwich <i>Whole Wheat Bread</i></p>

**NAC R.D.
APPROVED!**



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215-944-8860