

# Guardian Handbook 2021



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## Welcome Introduction

Dear Guardians,

Welcome to Camp NAC. We're glad that you've chosen to make some memorable moments with us this summer. We look forward to providing an exciting summer, filled with tremendous summertime experiences that only Camp NAC can offer. Each summer program we offer is especially designed to offer opportunities for young people to try new things, learn, grow and make friendships that last forever. Additionally, the NAC strives to offer a healthy, safe and fun environment that promotes positive interactions with peers and adults to help build strong character. A NAC summer can make an impression that lasts a lifetime! Whether you are new to Camp NAC or a seasoned camper, we are pleased to welcome you to our 2021 camp.

This handbook has been created as a reference guide for families to become better familiar with general camp procedures and policies. Your camper's safety is our top priority and we take this responsibility very seriously. Please take time to read and review the entire handbook. If you have any questions or comments, please call the camp director Brianne Feinour, at 215-944-8860.

### Meet Our Management Team!



#### **Brianne Feinour – Camp NAC Director**

Brianne (known as 'Ms. Brie') joined the Camp NAC team during Summer 2018 as a half-day specialty camp lead. After summer ended, Brianne took on more responsibility, expanding her role as camp manager and now entering her 4<sup>th</sup> summer as the Camp NAC Director. Brianne is a graduate of West Chester University and holds a master's degree in Public Health. She is looking forward to another great summer at Camp NAC.



#### **Rebecca Carson – Administrative Assistant**

Rebecca has been with Camp NAC for over 4 years as the Administrative Assistant. As a full time first grade teacher, Rebecca loves working with both children and parents to provide an amazing experience. Rebecca earned her master's degree in Elementary Education and is also certified in the areas of Special Education and a Reading Specialist.



**Alex Jackson – Camp Manager**

Alex is entering her 5<sup>th</sup> summer with Camp NAC. Over the past three summers she has progressed through various roles. Some of these positions include being the lead counselor for competitive sports camps, teen program and swim lessons. Alex was a 2020 Temple University graduate looking to further her education in Pediatric Healthcare.

**Camp Hours**

- Full Day Camps – 9:00am – 3:00pm
- Half Day Camps – 9:00am – 11:30am
- Before Care 7:00am – 9:00am
- Mid Day Care 11:30am – 3:00pm
- Lunch Bunch 11:30am – 1:00pm
- Swim Lessons 3:00pm – 4:30pm
- Gymnastics Lessons – 3:00pm – 4:30pm
- Parisi Speed School – 3:00pm – 4:30pm
- After Care 3:00pm – 6:00pm

**Camp Sessions and Dates:**

Camp Week	Camp Dates
1	June 7 – 11
2	June 14 – 18
3	June 21 – 25
4	June 28 – July 2
5	July 5 – 9
6	July 12 – 16
7	July 19 – 23
8	July 26 – 30
9	August 2 – 6
10	August 9 – 13
11	August 16 – 20
12	August 23 – 27
13	August 30 – September 3

**Open House:** February 6<sup>th</sup> 11:30am-2:00pm located at the NAC Brown Gym

Come join us for an informational, yet fun time. Our staff will be there to answer any questions you may have, and we will have computers available for you to enroll your camper right there! This will also be your last chance to receive our best deal of the year, our Early Bird Discount (10% off on camp weeks only). Plenty of free giveaways will also take place so don't miss out! Come learn all you need to know about Summer Camp at Camp NAC while your camper begins to make friendships that will last the whole summer and beyond! *RSVP online at [campnac.com](http://campnac.com).*

### **Parent Orientation**

This summer we will be cancelling our in-person orientations and instead will be sending a virtual recording. We have made this decision with safety as our number one priority. Our virtual parent orientation will be sent via email, the last week of May.

### **Arrival and Departure of Campers:**

120 Pheasant Run, Newtown PA 18940 – NAC Sports Training Center (NSTC)

#### Arrival:

Campers can arrive as early as 8:45am. Regular check in time runs from 8:45am-9:15am. Anyone arriving before 8:45am will be charged for Before Care. Parents checking in their child for Before Care or at any other time past 9:15am must park in front of the NSTC and honk when you get there to signal to a staff member to come outside.

Parents checking in between 8:45am – 9:15am should utilize our express drop off system at the SIDE of the NSTC. Directional signs will direct you where to go. Once there, one should pull up to our stop sign with their camper. At 8:45am parents will be directed to our drop off zones where a counselor will escort your child out of the car and into the building. Parents may forgo this option, park and walk their child up to the building if they choose, but may not enter the building.

Note: Cars may **NOT** line up in the car line prior to 8:45am for drop off. Instead, please park your car and wait for a staff member to direct you out of your parking spot once check-in starts.

#### Check Out:

*Check Out begins at 11:30am for half day camps, 1:00pm for Lunch Bunch, and at 3:00pm for full day camps.*

Half Day & Lunch Bunch Check Out: Parents picking up their child from half day camps or Lunch Bunch should pull up to the FRONT of the NSTC and their child will be brought to them upon pick up password confirmation.

Full Day Camp Check Out: Parents picking up their child from full day camps should pull up to the SIDE of NSTC (the same location as check in) and their child will be brought to them upon pick up password confirmation. Pick up starts NO EARLIER than 2:45pm. You may NOT begin to line up for express pick up any earlier. Parents wishing to pick up their child earlier than 2:45pm should write a note to their counselor and email the Camp Director and pull up to the side of the NSTC once arrived. A staff member will walk their child out to you once your pickup password is confirmed.

After Care Check Out, Parisi Speed School, Swim, and Gymnastic Lessons: Parents picking up their child from after care or lessons should pull to the side of the NSTC and their child will be brought to them upon pick up password confirmation.

**PICK UP PASSWORDS (which are created upon registering), MUST BE KNOWN AT TIME OF CHECK-OUT  
IN ORDER FOR YOUR CHILD TO BE RELEASED.**

Early Pick Up: If your camper is going to be picked up early from camp, please write a note in the morning and give it to his or her camp counselor so your child will be ready for you upon your arrival. Please call if a note was not handed in to inform the camp Administrative Assistant.

Late Arrival: If you are arriving late to camp, please enter the NSTC from the front door where your camper will be assisted to their camp. If your child is late on any day and they receive the Camp NAC lunch program, you must call and place their lunch order by 9:30 AM.

Before Care and After Care: Before and After Care drop off and pick up is in the NSTC lobby.

To check your pickup password, log into your CampMinder account, go under "Forms & Documents," click on the print icon next to Camper Application, then scroll down to the "custom fields" section to view your chosen password.

**Children at Risk**

Parents who arrive at Camp NAC in an incapacitated condition (i.e. alcohol, drugs) present a risk to their child. The staff in charge will advise the parent of their options regarding the transportation of their child to his/her home. Some options that may be exercised are:

- Call another person on the child's emergency contact list
- Call the other guardian
- Call a taxi
- Call a nearby neighbor / friend

If a reasonable conclusion cannot be reached, the parent will be advised that either Child Protective Services or the Police will be called.

**Wristbands**

Your child's wristband needs to be worn at all times while they are participating in a camp program. The wristbands are used for identification and security purposes.

## **Babysitting**

Employees of the NAC are permitted to babysit for campers at their own discretion. Babysitting must take place off Camp NAC grounds. Camp NAC has no responsibilities for any parties who wish to take part in these activities.

## **Camp Attire**

Please remember to dress your child appropriately for camp. Most of our camps use discovery and play as a major part of our camp program, thus we encourage you to dress your child in clothing that you do not mind getting dirty or stained with art materials in the course of your child engaging in a fun activity. Here are some other reminders for clothes at camp:

- T-Shirts
- Shorts (be mindful of skirts)
- Socks
- Sneakers
- LABEL EVERYTHING!!

Camp NAC gear is available to purchase at the following website:

<https://apparelnow.com/camp-nac-apparel/discounts?promo-activated>

## **Potty Training**

All campers must be fully potty trained in order to attend Camp NAC. Any campers who still use diapers or pull ups will not be permitted in camp.

## **Communication**

On the Thursday prior to each camp week session you are enrolled in, you will receive important information via email regarding schedules, field trips, special events, etc. Please read all information carefully and save it for future reference. Also please check our website for information about your child's camp at [www.campnac.com](http://www.campnac.com)

Please continue to check your camper's bags every day for notes from your child's counselor and communication reports.

## **Disabilities**

In order for Camp NAC to provide the best day camp experience for your child, we ask that prior to registration, you consult with the camp director regarding any special needs of your child.

Due to the fact that there are some medical treatments and procedures that legally Camp NAC staff is not qualified to perform, children will be enrolled on an individual basis. We will make every attempt to serve all children. Please make sure to note any disabilities in your child's health form through the CampMinder Parent Portal.

## **Behavior Code of Conduct**

Camp NAC is interested in the welfare of all children. Participants in Camp NAC programs are expected to follow the rules of the program and obey the direction of staff, whether paid or volunteer, and other adults in supervisory positions. A child's failure or inability to follow rules and obey directions may cause a serious discipline problem.

A serious discipline problem may also occur when a child dampers the smooth flow of the program by requiring constant one-on-one attention, inflicts physical or emotional harm on other children, abuses staff and adults, or is otherwise unable to conform to the rules and guidelines of the program. Kicking, biting, abusive behavior towards others, name-calling, unwanted displays of affection, and inappropriate language are examples of such unacceptable behavior.

If a child becomes a serious discipline problem, staff will notify a parent of the situation, and discuss a solution. If improvement does not occur or a solution cannot be determined, staff may recommend that the child be dismissed from the program. Staff will discuss the dismissal procedure with a guardian, should a serious discipline problem occur. However, acceptance into the program is conditioned on the above policy and the right to dismiss a child from the program as outlined above.

All summer program registrants are expected to follow the rules of the program and obey the direction of the summer program leaders and other adults in supervisory positions. When a child's behavior creates a discipline problem as described in the above Discipline and Dismissal Policy, the following procedures shall be followed:

1. The child shall be separated from the problem activity or situation. Staff shall help the child rejoin the group when they are ready.
2. Staff shall listen to the child and discuss the consequences of further misbehavior.
3. Repeated misbehavior shall be handled through conversations with a parent.
4. The parent, child, and staff shall agree to a plan that improves behavior.
5. If improvement does not occur or a solution cannot be determined, staff may recommend that the child be dismissed from the program. *(There are no refunds if your child is dismissed from the program.)*

## **Enrollment/ Withdrawal and Payment Policies**

### **Cancelation Policy**

The NAC reserves the right to cancel or change program schedules due to low enrollment. Participants who cancel camp 24 hours prior to the start of the day may submit a Camp Credit Voucher request, which is subject to a \$20 processing fee. All credits will also be less a \$50 non-refundable deposit per week and the non-refundable registration fee. Refunds will not be given



at any time for programs cancelled by participants. Camp credit vouchers are good up to one year.

### **Membership Type**

There are no refunds of any membership type. Your membership type that you have chosen must stay the same membership type until the end of your child's camp enrollment. If you choose to select a higher membership status at the time of enrollment, we must have a membership upgrade paperwork already filled out in order to not charge your account the higher rate. If your membership did not change as of June 1<sup>st</sup>, we will automatically adjust your rate and bill the difference.

### **Transfer Policy**

Any participant wanting to transfer camp weeks or camp programs must do so before April 30<sup>th</sup>. Any transfers after May 1<sup>st</sup> are subject to a \$20 processing fee.

### **Late Fee**

Those who enroll in camp within 24 hours of the start of the week will be charged a \$25 late fee to their account.

### **Evaluations**

The NAC Summer Camp program is always looking for feedback from the parents to further improve our camp program. We will be distributing evaluations to parents over the course of the summer via email. We ask that you do your best to complete the survey. Parental assessment of the camp's strengths and weaknesses will aid in the improvement of camp programs and in the facilitation of new ideas. Parents are invited to give regular assessments of the camp program to the site director at any time.

### **Field Trips**

Camp NACster will attend field trips on most Wednesdays of the summer and Teen Programs will attend trips on set Wednesdays and Fridays\*. Field trips are optional and at an additional cost for NACster.

Teen field trips are included in their enrollment fee. (Campers choosing to not attend will follow a regularly scheduled camp day at NSTC).

Note: All children will be automatically enrolled in the field trip that week as of Monday at 6pm if we do not hear from a guardian.

Please pack your child a brown bagged lunch, labeled with their name on this day (unless you are part of our lunch program, then lunch will be provided). On trip days, please provide extra snacks and drinks. In case of rain or a heat warning, a field trip may be changed or cancelled.

Camp NAC t-shirts will be provided to those attending field trips. Camp NAC t-shirts must be worn to every field trip as a safety precaution so that they are easily identified as a part of Camp

NAC. If your camper forgets to wear their Camp NAC t-shirt once given one, your account will be charged an additional \$5 for each t-shirt provided extra.

\*Teen Program guardians, please check the activity calendar as some trips have late arrivals back to camp.

### **Lost and Found**

We have a lost and found area in the 3-5-year-old classroom where we keep left behind items. It is highly recommended that you label all items (clothing, towels, lunch boxes, water bottles, sunscreen, etc.) with your child's name. While we make every effort to keep all campers' belongings in their backpack or on their person, *the NAC will not be held responsible for lost or stolen items*. Please make a quick check of your child's backpack at the end of the camp day before leaving. Lost items are much easier to recover on the same day. We will also post lost and found items frequently on our Camp NAC Facebook page.

At the end of the summer, we will display the found items and then take any remaining items to Goodwill.

### **Electronic Policy**

Our Electronic Policy is designed to encourage the campers to spend more time outdoors and promote socialization between their counselors and peers. Therefore, campers are **not** permitted to have electronics during the camp day. If this policy is violated, the first offense will result in a verbal warning. The second offense will result in confiscation of the camper's electronic and returned during check out. If there is a third offense, the camper's electronic will be confiscated and a parent/guardian must pick it up at our facility during regular hours.

Regarding After Care (3:00-6:00 pm), the campers may be allowed electronics based on the counselor's discretion. However, if the campers earn this privilege, he/she is responsible for all damaged or lost items. Those include, are not limited to:

- Laptops
- iPads or iPods
- Gameboys
- Cell phones
- Nintendo DS/ Switch
- Smart watches

We understand that some campers may bring a cell phone as a safety precaution; however, we encourage all campers to leave them in their bags. If, for any reason, they need to use their phones, they must inform a counselor.

If a camper goes against this policy, he/she is responsible for all damaged or lost items that may arise during the camp day.

## Lunches and Snacks

All campers should bring a non-perishable lunch and a beverage to camp daily unless you have purchased the lunch package upon signing up for Camp NAC. Please pack a healthy, low sugar and balanced meal, no soda please! Do not send food or drinks in glass containers. Lunches will not be refrigerated; therefore, we ask that you send lunches that do not contain food items that will spoil if not kept cold. Freezing lunches and juice the day before and/or inserting a cold pack in the lunch container will help preserve the food. Please mark all lunches (and all containers inside lunches) with the camper's first and last name.

Please do not provide your camper with food that will need heating or to be microwaved. Camp staff is not responsible for food preparation or pre-heating meals.

We will have 1 snack period daily during regular camp times. Camp does not provide a complimentary snack to all campers. If your camper needs a snack from camp, your account will be charged \$1 each time your camper is given one. Please call in advance if you DO NOT want us to provide a snack in all cases. Please send extra food for these times as well as a water bottle. Campers will have an additional snack time when they are signed up for After Care. Please provide a snack if they are enrolled in After Care at any time.

**Camp NAC is a NUT- FREE ZONE.** We ask that you do not provide lunch or snacks that contain nuts, nut butters or other nut products (this includes Nutella) at camp to ensure the safety of all children. Please note that if your child brings a lunch or snack that contains nuts or nut products, staff will contact the parent or guardian, your snack/lunch will be thrown away due to risk of allergic reactions and ask you to replace the lunch. If you pack a lunch containing soy butter or sunflower butter, please label the item(s) so that counselors can easily identify the food.

Note: If the ingredients states, "made in a facility containing nuts," that food item is not accepted at Camp NAC. If the ingredients states, "may be made in a facility containing nuts," this food item is safe to back for your camper.

Your understanding and support in helping us to provide a **NUT- FREE ZONE** is greatly appreciated. Camp NAC continues to work toward an inclusive environment that supports and acknowledges the right of each person to be fully included in all activities that occur in our programs.

## Purchased Lunch Program

The Lunch Program was designed by the NAC's Registered Dietician and management team to make a nice healthy lunch for your child. Each day campers receive a well-balanced meal, including a lean protein, whole grain or healthy starch, fruit or vegetable, beverage and dessert. All campers who purchase lunch must give their lunch order to their counselors upon arrival. Lunch is a **weekly program**. If a camper wishes to buy lunch, he or she must be signed up for the entire week of lunch. **Lunches will not be offered on a daily basis.** Please still provide a morning and afternoon snack even if your child is signed up for our lunch program as this is not included.



## Meal Options

<b>MONDAY</b>	<b>Chicken Strips</b> (Antibiotic and Hormone-Free)
<b>TUESDAY</b>	<b>Organic Mac and Cheese</b> (Elbow Macaroni with Low-Fat Cheddar Cheese)
<b>WEDNESDAY</b>	<b>Turkey and Cheese or Ham and Cheese Sandwich</b> (Nitrates-Free, No Additives, Whole Wheat Bread) <b>Weeks 1, 5, 9 and 13:</b> Chicken Patty (Antibiotic and Hormone-Free)
<b>THURSDAY</b>	<b>Weeks 2, 6, and 10:</b> Ground Turkey Tacos <b>Weeks 3, 7, and 11:</b> (Antibiotic and Hormone-Free, Whole Wheat Bun) <b>Weeks 4, 8, and 12:</b> Turkey Hot Dog (Whole Wheat Bun)
<b>FRIDAY</b>	<b>Pizza</b> (Low Fat Cheese and Tomato Sauce with No Added Sugar)
<b>ALTERNATE OPTIONS</b>	<b>Sunflower Butter and Real Fruit Spread</b> (Whole Wheat Bread) OR <b>Pasta and Meatballs</b> (Whole Wheat Pasta, Tomato Sauce with No Added Sugar and Chicken Meatballs)

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### Special Diets

Camp NAC must be made aware of any child who requires a special diet due to medical or religious reasons. Please provide this info on your child's health form, filled out through the Camp Minder Parent Portal.

### Illness

In the case that your child becomes ill during the program, you will be contacted as soon as possible. If the parent or guardian is unable to be reached, the child's emergency contact will be notified. It is the responsibility of the parents to arrange for the child to be picked up from Camp NAC as soon as possible.

### Accidents/Emergencies

All precautions will be taken to prevent serious health risks to all campers.

In the event that a minor injury occurs, First Aid will be administered at the camp location by the camp staff/nurse. The following procedures will be followed:

- First Aid will be provided, and the incident recorded in the camp log.
- The child will periodically be observed after First Aid has been applied.

In the event of a medical emergency, immediate action will be taken by the staff as per your orders on the camp registration form and policies and waivers. Please be sure to keep these

forms updated at all times. If parents or other responsible adults are unable to be reached, the child will be taken to the nearest hospital for any necessary treatment.

In general, in the event that a major injury or health problem arises, and professional medical care is required, the following steps will be taken:

- Immediate First Aid will be administered by the camp staff person until professional services arrive.
- 911 will be called.
- You will be contacted. If you cannot be reached, the emergency contact person will be notified.
- A staff person will accompany your child to the hospital and remain until you or your emergency contact person arrives.
- The incident will be described in writing on the Camp NAC incident report.

Emergency information is very important for us to provide the safest possible environment for your children.

\*\*\* Please notify us right away when there is a new work or home phone number, or if you have moved and have a new address. If your child is sick or injured, it is important for us to be able to contact you right away. Please keep these accurate at all times.

The NAC does not incur the cost of medical treatment and it is imperative that you indicate on your child's health history / registration form (filled out through Camp Minder Parent Portal) what type of health insurance you carry.

If a camper gets injured and the injury that may impede the rest of his or her camp day parents will be notified via phone at the time of the injury. If a camper is injured and the injury does not impede his or her camp experience, parent's will be notified at the end of the day with an accident report.

In the event of a medical emergency 911 will be called and children will be transported to St. Mary's Medical Center via ambulance. The camp manager will call the parent as soon as possible.

### **Emergency Plan**

Each camp site will have a site-specific emergency plan including an assembly area program, facility evacuation plan, notification (sounding of alarms) system, shelter-in-place plan, locations of fire extinguishers and first aid kits, etc. Staff have been trained and are expected to be well-versed in emergency procedures. The NAC Summer Camp sites' emergency plans are available for parents to read. Please see the Camp Director for a copy of this plan.

The following are general procedures for the NAC Summer Camp in case of emergencies:

- Shelter-in-Place: In the event of an emergency that requires an on-site shelter-in-place, campers, members, and staff will assemble in the designated area on site (please refer to site-specific plans for actual locations).

- Facility Evacuation (in case of fire, or other emergency): In the event of an emergency requiring facility evacuation, campers and staff will exit the building through the nearest exit and meet at pre-determined assembly areas. Camp staff will take roll of campers in their groups, counselors will take a total count to assure that all children have left the building safely, directors are responsible for medication, first aid kits and evacuation kits.
- Chemical / Biological / Terrorist Emergency Plan: In the event of any of these emergencies, campers and staff are required to relocate to the on-site shelter in place location. Once there, no one (including parents and children) will be allowed to enter or exit the building until there is further notification from a camp director.
- Severe Inclement Weather: In the case of severe inclement weather campers will meet at their designated camp area. All campers will remain in their groups until the weather passes or the parents pick the camper up.

### **Medication Policy**

Our medication policy is primarily established to accommodate the administration of medication(s) commonly prescribed by physicians for the treatment of short-term illnesses.

Prescription and "over-the-counter" medications will not be dispensed without written consent from the child's physician or parent.

- Keep all medication in the original container with the prescription label / direction label attached. Medication must be labeled with the child's name, the name of medication, the dosage amount, and the time(s) to be given.
- Hand all medication (including inhalers, etc.) to the camp nurse. Campers are not allowed to keep medications on their person, in their backpacks or lunch bags.
- All children must have standing orders from a doctor uploaded to their CampMinder account in order to have medication at camp.
- All medications will be locked up and given to your child at the prescribed time.
- All medication must be picked up on Friday when your child leaves camp at the end of every week.

### **Sunscreen**

Parents or legal guardians will be responsible for applying the first layer of sunscreen prior to arrival at camp. Camp staff will reapply sunscreen once during the day unless instructed otherwise. Parents or Guardians are responsible for providing enough sunscreen for the entire day. Please, one bottle per camper, labeled with their name on it. Spray on sunscreen would be appreciated because it is the easiest and quickest to apply. For campers who are fair skinned and tend to burn easily we recommend an extra tee-shirt brought to wear in the water for extra protection. Hats are also recommended.

## Allergies

Please make sure your child's allergies as well as how they react are updated in the health history form (This was filled out through the CampMinder Parent Portal). Please provide all necessary medication in case of an allergic reaction.

## Child Abuse

As camp professionals serving *in loco parentis*, we are required by law to call the proper authorities when allegations of abuse are revealed. Child abuse in Pennsylvania is defined as:

- Any recent act or failure to act which causes non-accidental serious physical injury (defined as an injury that either causes the "child severe pain" or "significantly impairs the child's physical functioning, either temporarily or permanently")
- An act or failure to act which causes non-accidental serious mental, injury or sexual abuse or sexual exploitation
- Any recent act, failure to act or series of such acts or failures to act which creates an imminent risk of serious physical injury, sexual abuse or sexual exploitation
- Serious physical neglect which endangers a child's life or development or impairs a child's functioning.

## Guardian Participation

For the safety of our campers and staff, guardians will not be permitted in the camp facility this summer.

## Special Events and Birthdays

Special food treats may be brought in for holidays, special events or birthdays. Arrangements should be made ahead of time with the camp director. If sending in store bought items, please send unopened packages. All items must include a list of ingredients that they contain for the safety of all of our campers. Please remember to make sure all items are NUT-FREE.

Camp NAC offers birthday packages to make it easy for your camper's special day.

How to sign up:

- Log onto [campnac.com](http://campnac.com)
- Click Additional Options and select Birthday Packages
- Email [info@campnac.com](mailto:info@campnac.com) or call 215-944-8860 at least one week in advance
- Let staff know which birthday package you would like added
- Make sure to email a high-quality photo of your camper to [info@campnac.com](mailto:info@campnac.com) if purchasing the Birthday Extreme package for the personalized birthday banner

COME SING WITH YOUR SUMMER FRIENDS AS WE CELEBRATE YOUR BIRTHDAY!

	TASTY TREATS	BIRTHDAY EXTREME
20 CAMPERS	\$45	\$80
30 CAMPERS	\$55	\$90
40 CAMPERS	\$65	\$100

**TASTY TREATS**  
Campers will be sung to as they hand out tasty treats to all of their friends. Complete with all of the toppings for the perfect ice cream sundae party and a birthday banner.  
(Minimum of 20 campers)

**BIRTHDAY EXTREME**  
Everything from the Tasty Treats package and more! Add on frosted cupcakes for an extra special birthday treat. Birthday campers will also get to take home a personalized birthday banner, complete with their name and photo!  
(Minimum of 20 campers)

**Staff**

Camp NAC strives to hire a highly qualified, well-trained staff to conduct all childcare programs. The summer camp staff is comprised primarily of college students, recent graduates, school teachers, and our professional Camp NAC childcare staff. The day camp staff members are innovative and creative individuals who love working with children. All staff meet requirements set forth by the State, County and NAC, as applicable. NAC staff members participate in planned training and education process to further their skills in child development and recreation. The camper to staff ratio is determined by the camper’s age as well as their behavior history.

On average the ratios are as follows:

- 1:6 - - 3-5 year old’s
- 1:8 - - 6-8 year old’s
- 1:10 - - 9+ year old’s

**Swimming/ Pool Time**

Campers will have access to the zero-entry pool (highest depth 4.5ft), two-25ft. slides (48-inch height requirement), splash pad, and the lazy river. Campers are not permitted to purchase food and/or beverages at the pool.



Children will be swim tested at the beginning of their first week. The swim test is given by a Red Cross Certified Lifeguard and requires each child to demonstrate proficient swimming skills across the deep end of the zero-entry pool. Passing/ not passing is up to the discretion of the lifeguard. Once a camper passes the swim test during our 2021 summer season at Camp NAC, they do not need to re-take it for the summer.

Campers that pass the swim will receive a Camp NAC swim band and are required to wear it every day following that they attend camp. This band is required to wear for safety precautions and lets counselors know who already passed the swim test to ensure your child gets to swim the maximum time allotted. If your camper loses their swim band, your account will be charged an additional \$5 for each swim band provided extra.

Lane lines have been added to the zero-entry pool to signify entering 2 ft. and entering 4ft.

- Specialty Camps (ages 6-12)
  - Any camper that does not pass the swim test will only have access to the zero entry pool, up to the deep end lane line, and is required to wear a flotation device at all times
- NACster 3-4 year old's (will now be called NACster Yellow)
  - Swim time will be from 10:45am-11:45am and campers will only have access to the splash pad and zero entry pool up to the first lane line, entering 2 ft.
    - Access only to the splash pad and first lane line will be enforced to everyone at the outdoor family pool complex during this time
  - Note: If you would like your 4 year old to take the swim test, you are required to meet with the Escape Pool head guard to be tested (set up by the camp director). If your camper passes the swim test, your camper will be bumped up to the next NACster age group.
- NACster Red (5 year old's or Kindergarden), NACster Orange (1st graders), NACster Purple (2nd graders)
  - Will swim from 12-1pm
  - Any camper that does not pass the swim test will only have access to the zero entry pool, up to the deep end lane line, and is required to wear a flotation device at all times
- Mid-day Care
  - Will only have water play on the splash pad, or depending on the schedule, additional water play areas, but will no longer be swimming in the outdoor pool

#### In Summation:

- If your child is in a full day camp ending at 3pm please, send your child to camp with a swimsuit everyday.
  - No other camps will participate in swimming unless notified otherwise.
- Children will be swim tested at the beginning of each session and grouped accordingly.

- Once a camper passes the swim test during our 2021 summer season at Camp NAC, they do not need to re-take it for the summer.
- Day camp staff, as well as certified lifeguards, will supervise all pool times.
- Campers who do not pass the swim test will be provided with a floatation device which they must wear during their time in the pool complex.
  - *Campers who do not wish to wear the device will not be permitted to swim.*
- Access to the zero-entry pool (highest depth 4.5ft), two-25ft. slides (48-inch height requirement), splash pad, and the lazy river are dependent on which camp your child is in, their age, and their swim skill level.
- Campers are not permitted to purchase food and/or beverages at the pool.
- Campers that pass the swim test will receive a Camp NAC swim band and are required to wear it every day that they attend camp.
  - This band is required to be worn for safety precautions. This alerts counselors of who already passed the swim test to ensure your child gets to swim the maximum time allotted.
  - If your camper loses their swim band, forgets it for the day, etc. an additional \$5 will be charged to your account for each additional swim band provided.

### **Teen Camps**

All teen campers must have a signed permission slip in order to come and leave camp on their own. This can be found on your Camp Minder account located under Forms and Documents. Teen campers with this permission slip may walk themselves into the building at 9am and exit at 3pm. Teen campers may not take younger siblings with them when they exit/enter the premise. Campers may not carry cell phones on them during the camp day unless given permission by their camp counselor.

### **Tax ID Information**

# 23-203-9663

### **Weather**

Outdoor play is an important part of our daily camp schedule. Parents are asked to dress their children appropriately for the weather conditions. A light sweater or jacket may be needed in the mornings.

During periods of extreme heat, the camp staff will scale down the physical camp activities. Campers will not be able to be outside for more than 15-20 minutes at a time. Indoor facilities will be utilized by programming more crafts and low-activity events or activities. The staff will take children inside to increase their water intake on these days. All precautions will be taken to prevent heat related injuries during these times.

### **Personal Property Policy**

At no time are campers permitted to bring alcohol, drugs, vehicles, weapons, or animals onto the camp site. If personal sports equipment is required, the camp will notify parents the week prior of exactly what gear should be brought to camp.

### **School's Out Camp**

These camps align with local school district calendars, including Council Rock, Neshaminy and Pennsbury, to offer a childcare option for parents when schools are out of session. School's Out Camps are available for both NAC members and the general public, which run from 9:00 a.m. to 3:00 p.m with before and after care options available.

Check out the complete list of the School's Out Camps we are offering for the rest of 2020 and 2021 season and read our School's Out Camp policies and guidelines at [www.campnac.com](http://www.campnac.com).

**Website:** [www.campnac.com](http://www.campnac.com)

**Facebook:** [www.facebook.com/campnac](http://www.facebook.com/campnac)

**Instagram:** camp\_nac

**Camp NAC Gear:** <https://apparelnow.com/camp-nac-apparel/discounts?promo-activated>