



TEEN CAMPS AGES 13 - 15

1 HOUR
OF WATER
PLAY OR
SWIM 4
TIMES
A WEEK

9:00AM - 3:00PM TEENS RULE AT CAMP NAC!

Each week, teens will have the choice to participate in either our Counselor in Training (CIT) program or Teen Adventure. **On Tuesdays and Fridays, all teen campers will go on a pre-planned field trip - regardless of their choice of theme.**

CIT PROGRAM

Spend your summer learning what it takes to become one of our Camp NAC counselors! Teens who choose the CIT program will spend the morning working with a counselor. Participants in our CIT program develop leadership skills, act as role models for our younger campers and have the opportunity to spend a portion of their day assisting camp counselors. This program is designed and formulated for interested teens to gain the experience and skills necessary to become a camp counselor. Teens who have a genuine interest in working with children are encouraged!

CIT COUNSELORS IN TRAINING

DAILY SCHEDULE

- 7:00AM - 8:45AM** | Before care - eligible to get for free if assists a counselor for 30 minutes of that time each day
- 8:45AM - 9:15AM** | Check-in
- 9:15AM - 9:30AM** | Quick meeting for group assignment
- 9:30AM - 10:30/ 11:00AM** | With younger camp group, assisting a camp counselor with daily activities
- 11:00AM** | Spend the rest of the day with the teen camp
- 3:00PM - 6:00PM** | After care - eligible to get for free if assists a counselor for 1 hour of that time each day

*CIT's will talk to their counselor about spending additional time as a CIT throughout the week, and also have the opportunity to assist on NACster field trips. Each Friday, CIT participants will be given an evaluation form with feedback from a camp manager.



**ALL CIT CAMPERS
ARE ELIGIBLE FOR FREE
BEFORE AND AFTER
CARE! ASK FOR MORE
DETAILS.**