



LUNCH PACKAGE



NUT-FREE SNACKS

SKIP THE HASSLE OF PACKING A LUNCH!

Campers can enjoy a **delicious and nutritious meal** provided by the Escape Restaurant at the NAC. This package is available for purchase on a weekly basis only – no single day lunches available!

Every day campers will receive a daily entrée, fruit or vegetable, side dish, dessert and beverage. The drink provided is 100% juice. Dessert includes a frozen fruit pop.

Please note if your camper attends a field trip during the week, the Wednesday option on the lunch menu will be what they are served during that day.

All daily lunch orders will reflect appropriately on your pre-order lunch form, found under "Forms & Documents" in your Parent Login Portal on the Camp NAC website.

MEAL OPTIONS

MONDAY	Chicken Strips (Antibiotic and Hormone-Free)
TUESDAY	Organic Mac and Cheese (Elbow Macaroni with Low-Fat Cheddar Cheese)
WEDNESDAY	Turkey and Cheese or Ham and Cheese Sandwich (Nitrate-Free, No Additives, Whole Wheat Bread)
THURSDAY	Weeks 1, 5, 9 and 13: Chicken Patty (Antibiotic and Hormone-Free, Whole Wheat Bun) Weeks 2, 6, and 10: Ground Turkey Tacos (Antibiotic & Hormone-Free) Weeks 3, 7, and 11: Burger or Cheese Burger (Antibiotic and Hormone-Free, Whole Wheat Bun) Weeks 4, 8, and 12: Turkey Hot Dog (Whole Wheat Bun)
FRIDAY	Pizza (Low Fat Cheese and Tomato Sauce with No Added Sugar)
ALTERNATE OPTIONS	WowButter and Real Fruit Spread (Whole Wheat Bread) OR Pasta and Meatballs (Whole Wheat Pasta, with or without Tomato Sauce with No Added Sugar and Chicken Meatballs)



REGISTERED DIETITIAN APPROVED!