

COOKING SAMPLE SCHEDULE

	Cooking - Baking Bootcamp
8:45 - 9:15	Check In - circle game, greet all campers, send campers to change for swim
9:15 - 9:30	Morning Meeting - go over names, rules, daily schedule
9:30 - 10:30	Swimming - Outdoor Water Park! (Apply sunscreen if needed and put on Coast Guard approved life vests for those that did not pass the swim test.)
10:30 - 10:45	Change from Swim
10:45 - 11:00	Cut Strawberries and Bananas for Snack (Make sure to wash hands, check other snacks for peanuts and clean up.)
11:00 - 11:45	Prepare + Bake Pizza Bagels
11:45 - 12:45	Cupcake Bake Off
12:45 - 1:30	Lunch - make sure to wash hands, check for peanuts and clean up
1:30 - 1:45	Judge Cupcakes & EAT!
1:45 - 2:45	Yoga & Mindfulness (In The Practice Yoga Studio then transition back to the NSTC.)
2:45 - 3:15	Check Out - Circle Game