

MINI NACSTER SAMPLE SCHEDULE

	Mini NACster - Sensory Play Theme
8:45 - 9:15	Check In - circle game, greet all campers
9:15 - 9:30	Morning Meeting - go over names, rules, daily schedule
9:30 - 10:00	Transition outside to Picnic Tables
10:00 - 10:15	Snack - make sure to wash hands, check for peanuts and clean up
10:15 - 10:45	Sensory Sandbox! (with buried treasure, animal toys, sand toys, cups & sifters)
10:45 - 11:15	Transition back to the NSTC and then DIY Calm Down Bottles
11:15 - 11:30	Freeze Dance Party
11:30 - 11:45	Sleeping Animals
11:45 - 12:00	Shaving Cream + Finger Paint on Tables
12:00 - 12:45	Lunch - make sure to wash hands, check for peanuts and clean up
12:45 - 1:00	(NACster Yellow) Change for Water Play - reapply sunscreen & (NACster Red) Change for Swimming - reapply sunscreen and put on Coast Guard approved life vests for those that did not pass the swim test
1:00 - 2:00	Water Play (NACster Yellow) Swimming (NACster Red)
2:00 - 2:15	Change from Water Play / Swimming
2:15 - 2:30	Transition back to the NSTC and then Parachute Games
2:30 - 2:45	Balloon Play - encourage challenges such as keep it off the ground, no hands, etc.
2:45 - 3:15	Check Out - story time or circle game