

# LUNCH PACKAGE

PEANUT-FREE & ALLERGY AWARE CAMP



## SKIP THE HASSLE OF PACKING A LUNCH!

Campers can enjoy a **delicious and nutritious meal** provided by the Escape Restaurant at the NAC. This package is available for purchase on a weekly basis only – no single day lunches available!

**Every day campers will receive a daily entrée, fruit or vegetable, side dish, dessert and beverage.** The drink provided is 100% juice. Dessert includes a frozen fruit pop.

**Please Note:** If your camper attends a field trip during the week, the Wednesday option on the lunch menu will be what they are served during that day.

All daily lunch orders will reflect appropriately on your pre-order lunch form, found under "Forms & Documents" in your Parent Login Portal on the Camp NAC website.



REGISTERED  
DIETITIAN  
APPROVED!

## MEAL OPTIONS

MONDAY	Chicken Strips (Antibiotic and Hormone-Free)
TUESDAY	Mac and Cheese (Elbow Macaroni with Low-Fat Cheddar Cheese)
WEDNESDAY	Turkey and Cheese or Ham and Cheese Sandwich (Nitrate-Free, No Additives, Whole Wheat Bread)
THURSDAY	Weeks 1, 5, 9 and 13: Chicken Patty (Antibiotic and Hormone-Free) Weeks 2, 6, and 10: Ground Turkey Tacos (Antibiotic and Hormone-Free) Weeks 3, 7, and 11: Burger or Cheese Burger (Antibiotic and Hormone-Free) Weeks 4, 8, and 12: Turkey Hot Dog (Antibiotic and Hormone-Free)
FRIDAY	Pizza (Low Fat Cheese and Tomato Sauce with No Added Sugar)
ALTERNATE OPTIONS	WowButter and Real Fruit Spread (Whole Wheat Bread) OR Pasta and Meatballs (Whole Wheat Pasta with or without Tomato Sauce with No Added Sugar and Chicken Meatballs)