

SCHOOL'S OUT CAMP SAMPLE SCHEDULE

(AGES 5-12)

	Kid's Rule - Sample Schedule
8:45 - 9:15	Check In - greet all campers, check bags, put out coloring pages
9:15 - 9:30	Morning Meeting - go over names, rules, daily schedule
9:30 - 9:45	Warm Up - stretching in the gymnastics room
9:45 - 10:15	Trampoline Games
10:15 - 10:30	Hide & Seek
10:15 - 10:30	Snack/ Bathroom Break - make sure to wash hands, check for peanuts and clean up
10:30 - 11:30	Transition Outside to Playground or Gaga (bring water bottles, jackets + sunglasses/ hats, gaga ball)
11:30 - 12:00	Camper's Choice Game
12:00 - 12:45	Lunch - make sure to wash hands, check for peanuts and clean up
12:45 - 1:00	Change for Swimming - bring shoes + bags down to pool, put in cubbies in pool hallway
1:00 - 2:00	Swimming - Indoor Pool (Put on Coast Guard approved life vests for those that did not pass the swim test. Check for swim bands)
2:00 - 2:15	Change from Swimming - make sure camper's have their stuff + transition upstairs
2:15 - 2:45	Caterpillar Inflatable Obstacle Course
2:45 - 3:15	Check Out - circle game

