

WHEN SCHOOL IS OUT...CAMP NAC IS IN!

PICK YOUR THEME FOR THE DAY!

Camp NAC requires at least 6 campers to run a theme.

Bounce,Inflatables: Bounce, jump, and play on our Camp NAC inflatables. Can you bounce the highest? Fastest? Prove it in this day long inflatable challenge!

Jr. Chef: Calling all chefs! This day of camp is your opportunity to break into the culinary scene, and learn the basics of cooking in the kitchen. Campers will learn how to correctly measure exactly what ingredients they will need to make their very own delicious pizza for lunch.

Parisi Football Training*: Start your day the workout way with Parisi! Campers partake in a Parisi Speed Training Class where they learn to perfect their football skills through drills, and then participate in some friendly competition. Come join the fun for this awesome day!

Aqua Fun Run (AFR): Come splash around with us during this day of pool fun! Campers will be able to swim in the NAC indoor pool, while also having access to the Aqua Fun Run! Grab your goggles and your friends and get over to Camp NAC for a fun day in the water!

Sports of all Sorts: Campers will be active all day participating in all sorts of different sports like soccer, basketball, and football. Practice your skills all day during fun activities and scrimmages.

Kids Choice: Take a break from all the rules and spend the day with kids that rule. Kids rule this day as they choose their favorite activities to compete in all day long.

Gymnastics: Come join us and have a FUNtastic time bouncing, rolling and cartwheeling all day long. Perfect your skills on the trampoline, uneven bars, vault, balance beam, rings, and rope. In addition to gymnastics, campers will play games and swim! All levels are welcome!

Parisi Soccer Training*: Get after your goals with Parisi! Campers work on strength and conditioning along with drills in a Parisi Speed Training Class. They end their day with a fun soccer game to show off what they learned.

Mad Scientist: Campers will learn the scientific method, then develop experiments to test their theories. Each young scientist will be able to conduct his or her own simple experiment.

The Escape Room: How fast can you escape? This day is all about challenges and team work. Campers will work together to solve clues, crack codes, and uncover problems in a timely manner. Then, campers will challenge each other and create their own escape room.

Baking Bootcamp: Ready, set, bake! Campers will spend this day at camp improving their culinary skills by baking both classic desserts and some of Camp NAC's innovative baked goods. You name it, we're baking it! Campers will test their new skills in "Cupcake Wars," a competition to see who's cupcakes will reign supreme!

Slime Mania: Campers will mix up recipes, and get crazy making a few types of slime today. Campers will focus on science behind how all of these ingredients blend together.

Boys Rule: Boys will be boys! Expect an exciting day with fun-filled activities, including games and crafts, that boys will enjoy that will leave them worn out by the end of the day.

Cinderella Warrior: Is your little Princess ready to get their hands dirty? This a mini bootcamp , so get ready to break a sweat during a busy day of fitness fun and lastly gain the knowledge to create a healthy smoothie.

STEM Challenge: Campers will spend the day doing a variety of science experiments that will test their science, math and critical thinking skills.

MONDAY, SEPTEMBER 30	INFLATABLE — JR CHEF
TUESDAY, OCTOBER 1	AFR — STEM CHALLENGE
WEDNESDAY, OCTOBER 2	KIDS CHOICE
WEDNESDAY, OCTOBER 9	CINDERELLA WARRIOR — BOYS RULE
THURSDAY, OCTOBER 24	ESCAPE ROOM
FRIDAY, OCTOBER 25	JR CHEF
TUESDAY, NOVEMBER 5	GYMNASTICS — PARISI FOOTBALL BAKING BOOTCAMP
WEDNESDAY, NOVEMBER 6	ESCAPE ROOM
MONDAY, NOVEMBER 11	SPORTS OF ALL SORTS — MAD SCIENTIST
FRIDAY, NOVEMBER 22	KID'S CHOICE
THURSDAY, NOVEMBER 27	PARISI SOCCER — JR. CHEF
FRIDAY, NOVEMBER 29	SLIME MANIA

9:00am–3:00pm | Ages 3-12

Check in and check out will be located in the Brown Gym

First time campers for the 2019 year will pay a \$10 registration fee per child

* Please note: All Parisi camps are for ages 7-12



Campers will have recreational swim for one hour in the indoor pool each School's Out Camp day.

Please pack a swimsuit!



Pizza, juice and snack are included each day.



Member: \$65
General Public: \$75
Before Care (7-9AM): \$9
After Care (3-6PM): \$23

